



Arnold Café

November 16-20

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Served Daily: Vegetarian Choices available Are - Assorted Bagels, Breakfast Pastries, Waffles, Fresh Fruit, Yogurt, Cereals.
Optional Meat or Meatless Breakfast Sandwich is available MFO

7AM - 10:00AM

LUNCH 11 am - 3:30 pm

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Pasta Bar & Salad Bar
Baked Ham
Sweet potatoes/marshmallow
Green Beans
Whipped Potatoes/Gravy

Pasta Bar & Salad Bar
Lasagna
Corn
Garlic Bread

Pasta Bar & Salad Bar
Scramble Eggs
Assorted Breakfast Meat
Biscuits 'n' Gravy

Pasta Bar & Salad Bar
Orange Chicken W/ Broccoli
Rice
Crowd Pleasing Vegetable Casserole
Vegetables

Pasta Bar & Salad Bar
Buffalo Chicken Pizza
Cheese Pizza
Pepperoni Pizza
Bread Sticks
Sicilian Vegetables

DEMO Quesadillas

Cracked Burger

Fruit Parfait

Herb Turkey Wrap

Volcano Burger

Tasty Hawaiian Pockets
"U" Brown Rice
"U" Asparagus w/Roasted Red Pepper

"U" Fettuccine Alfredo
"U" Steamed Vegetable
"U" Multi Grain Bread

Perfect BBQ Chicken
"U" Brown Rice
"U" Steamed Vegetable

"U" Mushroom & Black Bean Burritos
"U" Steamed Vegetable
"U" Garden Salad W/ Dressing

Eggplant Parmesan
"U" Garden Salad w/ Dressing
"U" Steamed Vegetable

Available during Lunch at 'The Diner' are MFO Sandwiches and Wraps along with a posted Hot Sandwich everyday

Cheesy Roast Beef Wrap

Ham & Swiss Croissant

Chicken Fritter Wrap

Midnight Cuban Sandwich

Tuna Salad Wrap

DINNER 3:30 pm - 7 pm

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Bag Lunches To go

Pasta Bar & Salad Bar
Focaccia Chicken
Rice Pilaf
Warm Applesauce
"U" Parmesan Baked Fish
"U" Broccoli & Cauliflower Gratin
"U" Mac & Cheese

Pasta Bar & Salad Bar
Honey Dipped Chicken
Whipped Potatoes
Key West Vegetables
"U" Chix & Penne w/ Basil Sauce
"U" Tomatoes Steamed Vegetables

Pasta Bar & Salad Bar
Harvest Dinner
Carved Turkey
Beef Tenderloin
Whipped Potatoes/Gravy
Stuffing
Green Beans
Cranberry Salad
Assorted Bread Bar

Pasta Bar & Salad Bar
Baked Steak Burrito's
Chicken Enchiladas
Lime Salsa
Churros
"U" Italian Chicken & Peppers
"U" Roasted Cajun Potatoes
"U" Steamed Vegetable

The Diner 5:00 pm - 8 pm

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DEMO Chili Bowls/Fixin's

Banana Splits

Pumpkin Parfaits

Buffalo Chicken Subs

MFO

Chicago Chicken Sub

MFO Pizzas Made to order

MFO Patty's Diner Deluxe
Steak, Chicken or Vegetable

HOT BAR



Vegetarian Item