

Borzman Bistro

Week # 3

Borzman Bistro

Sunday 11/15
BRUNCH
Waffles
Omelet Bar
Breakfast Ham
Vegetarian Bacon
Meatball Hoagies
Vegetarian Meatball Hoagies
Hash Browns
Broccoli
Corn

Deli
Assorted Meats and
Breads with various toppings
and sauces

Monday 11/16
LUNCH
Cajun Crusted Cod
Cajun Crusted Tofu
Macaroni & Cheese
Peas
Milano Vegetables

Deli
Assorted Meats and
Breads with various toppings
and sauces

Healthy "U"
"U" Summer Chicken Salad
" U" Whole Wheat Bread
"U" Fresh Fruit

Tuesday 11/17
LUNCH
Meatloaf
Garbanzo Loaf
Oven Roasted Potatoes
Gravies
Carrots
Sicilian Blend

Deli
Assorted Meats and
Breads with various toppings
and sauces

Healthy "U"
"U" Italian Chicken & Peppers
"U" Roasted Cajun Potatoes
"U" Steamed Vegetable

Wednesday 11/18
LUNCH
Chicken Picate
Red ,White & Green Lasagna
Bow Tie Pasta
Crookneck Squash
Lima Beans

Deli
Assorted Meats and
Breads with various toppings
and sauces

Healthy "U"
"U"BBQ Stir- Fry
"U" Brown Rice
"U" Steamed Vegetable

Thursday 11/19
LUNCH
Teriyaki Pork Chops w/
Grilled Pineapple Rings
Wild Rice Blend
Asian Vegetables w/
Tofu & Coconut Milk
Brown Rice
Fresh Broccoli
Baby Carrots

Deli
Assorted Meats and
Breads with various toppings
and sauces

Healthy "U"
Parmesan Baked Fish
Broccoli & Cauliflower Gratin
Steamed Vegetable

Friday 11/20
LUNCH
Stuffed Chicken Breasts
The Good Shepherds Pie
Whipped Potatoes
Gravy
Green Beans
Corn

Deli
Assorted Meats and
Breads with various toppings
and sauces

Hall will close @ 2:00 pm
have a safe and enjoyable
Thanksgiving Break

Saturday 11/21

Chef's Express (Demo)
M-F

General Tso Shrimp

Italian Sausage Hoagie

Grilled Reubens

Lemon Chicken w/ Pasta

DINNER
Orange Glazed Pork Loin
Orange Scented Tofu
Wild Rice Blend
Crookneck Squash
Key West Blend Vegetables

DINNER
Chicken Cacciatore
Orzo & Cheese Baked
in Acorn Squash
Pasta Marinara
Italian Blend Vegetables
Spinach

DINNER
Chicken Marsala
Fettuccini
Vegetarian Red Bean Stew
Brown Rice
Midori Blend
Cauliflower

DINNER
Beef Fajitas
Vegetable Enchiladas
Refried Beans
Mexican Rice
Pimento Corn
Brussel Sprouts

DINNER
Roast Beef
Spaghetti w/ Fried Zucchini
Double Baked Potatoes
Cauliflower w/ Cheese
Herbed Stuffed Tomatoes

Healthy "U"
"U" Perfect BBQ Chicken
"U" Black Bean & Red Pepper
Salad

Healthy "U"
"U" Chicken & Penne w/ Basil Sauce

Healthy "U"
"U" Sweet & Sour Chicken
"U" White Bean Salad

Healthy "U"
"U" Stuffed Shells Florentine
"U" Tossed Salad

Chef's Express (Demo)
M-F

Grilled Cheese Sandwiches

"U" Chicken & Penne w/ Basil Sauce

Beef Fajita's

Spaghetti w/ Fried Zucchini

[Boreman Dining Services has student jobs available starting at \\$7.25/hour!! CALL 293-3130 or Denise. Kisner @mail.wvu.edu](mailto:Denise.Kisner@mail.wvu.edu)

GREEN = VEGETARIAN OPTION