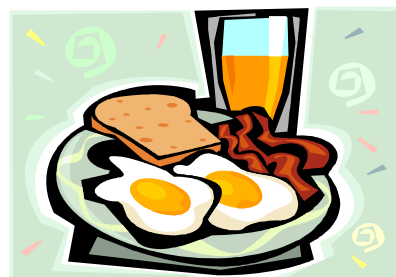


November 1-7, 2009

Sunday



CONTINENTAL 9AM-10:30AM

BRUNCH 10:30AM-3:30PM

Cheese Omelets
Chip Beef Gravy
Biscuits
Tater Tots
Sausage Link

Also Available 12:30-7:30

Hamburgers
Hot Dogs
Pizza
Pasta
Fries

*Daily Features: Omelet Bar
10:00-2:00pm*

DINNER 3:31pm-7:30pm

Basil Chicken
Orange Beef
Garden Rice
Asian Veggie Burger
Asian Blend Vegetables

Assorted Desserts

*Daily Features: BBQ Salmon
Spring Greens w/Orange Vinaigrette
Wild Rice*

Menus Are Subject To Change
Revised

Monday

BREAKFAST 7:00am-10:30am

Scrambled Eggs
Omelet Bar (7am to 10am)
Eggs to Order
Ham
Hash browns
Biscuits & Gravy
Assorted Pastries

Healthy "U"

"U" Blueberry Pancakes
"U" Fresh Fruit
"U" Sugar Free Syrup

Daily from 10:30am-8pm

Deli
Augusto's: Pizza and Pasta
Grill: Hamburgers, Hot Dogs
Delight Bites

LUNCH 10:-31am-3:30pm

Malibu Chicken
Caribbean Beef stir-fry
Pierogie Casserole
Orange Rice
Fresh Cauliflower

Daily Features: Chicken Primavera

Healthy "U"

"U" Bean Enchiladas
"U" Fresh Steamed Vegetables
"U" Tossed Salad

DINNER 3:31pm-8:00pm

Chicken Parmesan
Swedish Meatballs
Lasagna Rollatini
Bowtie Pasta
Sicilian Blend Veggies

Assorted Desserts

*Daily Features: Portobello Burger
Cole Slaw
Oven Fries*

Healthy "U"

"U" Spicy Southern BBQ Chicken
"U" Steamed Vegetables

Tuesday

BREAKFAST 7:00am-10:30am

Southwest Scrambled Eggs
Omelet Bar (7am to 10am)
Eggs to Order
Bacon
Home Fries
Crème Brulee French Toast
Assorted Pastries

Healthy "U"

"U" Chili Scramble
"U" Fresh Fruit Cup
"U" Whole Wheat Toast

Daily from 10:30am-8pm

Deli
Augusto's: Pizza and Pasta
Grill: Hamburgers, Hot Dogs
Curly Fries

LUNCH 10:-31am-3:30pm

Grilled Cheese
Duke of Rib
Tomato Soup
Mac and Cheese
Sweet Peas

Daily Features: Grilled Chicken Salad

Healthy "U"

"U" Tasty Hawaiian Pockets
Dressing

DINNER 3:31pm-8:00pm

Chicken Fried Steak
Italian Grilled Chicken
Tofu Stir Fry
White Rice
Malibu Blend Vegetables

Assorted Desserts

*Daily Features: Thai Cuppino
Angel Hair Pasta
Gado-Gado Salad w/Thai Vinaigrette*

Healthy "U"

"U" Spicy Raspberry Chicken
"U" Fresh Steamed Vegetables
"U" Steamed Rice

Wednesday

BREAKFAST 7:00am-10:30am

Scrambled Eggs
Omelet Bar (7am to 10am)
Eggs to Order
Sausage Links
Tater Tots
Blueberry Pancakes
Assorted Pastries

Healthy "U"

"U" French Toast Sticks
"U" Sugar Free Syrup
"U" Fresh Fruit Cup

Daily from 10:30am-8pm

Deli
Augusto's: Pizza and Pasta
Grill: Hamburgers, Hot Dogs
Battered Cauliflower

LUNCH 10:-31am-3:30pm

Hawaiian Pork
Apricot Chicken
Gnocchi with Fava Beans
Wild Rice Pilaf
Glazed Carrots

Daily Features: Chef's Choice

Healthy "U"

"U" Salmon Salad
"U" Cauliflower & Broccoli Bake

DINNER 3:31pm-8:00pm

Chili Salmon
BBQ Flank Steak
Edamame Corn & Tomato Salad
Twice Baked Potatoes
Roasted Asparagus

Assorted Desserts

*Daily Features: Chicken Souvlaki
Salad Fixings
Greek Salad*

Healthy "U"

"U" Turkey Marsala
"U" Angel Hair
"U" Steamed Vegetables

Thursday

BREAKFAST 7:00am-10:30am

Tomato and Cheddar Scram. Eggs
Omelet Bar (7am to 10am)
Eggs to Order
Ham
Stuffed French Toast
Sliced Fried Potatoes

Healthy "U"

"U" Scrambled Egg Whites
"U" Fresh Fruit
"U" Granola

Daily from 10:30am-8pm

Deli
Augusto's: Pizza and Pasta
Grill: Hamburgers, Hot Dogs
Grilled Chicken

LUNCH 10:-31am-3:30pm

Orange Chicken
Pork Egg Rolls
Asian Vegetable Dumplings
White Rice
Asian Broccoli

Daily Features: Grilled Pork Chops

Healthy "U"

"U" S/West Vegetarian Bake
"U" Orzo w/Spinach and Red Peppers
"U" Multi-Grain Bread

DINNER 3:31pm-8:00pm

Roasted Pork Loin W/ Stuffing
Focaccia Chicken
Mashed Potatoes
Gravy
Mixed Vegetables
Chefs Choice Vegetarian
Assorted Desserts

*Daily Features: Grilled Tuna
White beans w/ Rosemary & Rstd. Peppers
Couscous*

Healthy "U"

"U" Chicken w/Grapes
"U" Steamed Vegetables

Friday

BREAKFAST 7:00am-10:30am

Scrambled Eggs
Omelet Bar (7am to 10am)
Eggs to Order
Breakfast Hot Pockets
Hash Brown Casserole
Bacon
Pancakes

Healthy "U"

"U" Oatmeal Bar

Daily from 10:30am-8pm

Deli
Augusto's: Pizza and Pasta
Grill: Hamburgers, Hot Dogs
Popcorn Chicken

LUNCH 10:-31am-3:30pm

Rubens
Beer Battered Cod
Black Bean Burgers
Fries
Green Beans

Daily Features: Pasta With Clams

Healthy "U"

"U" Pita Pizza
"U" Southwestern Black Bean Salad
"U" Steamed Vegetables

DINNER 3:31-7:00PM

Ranch Beef Strips
Lemon Pepper Cod
Veggie Garlic Tortellini
Wild Rice
Apple Sauce
Assorted Desserts

Healthy "U"

"U" Grilled Salmon Burgers
"U" Whole Wheat Bread

Saturday



CONTINENTAL 9AM-10:30AM

BRUNCH 10:01AM-3:30PM

Scrambled Eggs
Sausage Patties
French Toast Sticks
Breakfast Chicken Biscuit
Oven Potatoes

Also Available 12:30-7:30

Hamburgers
Hot Dogs
Pizza
Pasta
Fries

*Daily Features: Omelet Bar
10:00-2:00pm*

DINNER 3:31pm-6:30pm

Beef Taco
Corn and Cilantro Salad
Buffalo Chicken Tenders
Chips
Cheese
Black Bean Salsa
Assorted Desserts

