

SIX EASY BITES SCORE SHEET

Each year, complete a minimum of **three** (3) activities, each from a different “bite” category. If you do additional activities, please mark the **three** (3) activities you want to be graded. Record in your Six Easy Bites notebook the what, when, where, and how you accomplished each selected “Extra Bite” activity. Include your notebook with your project book for grading. Within the two-year project period, you should complete at least **six** (6) activities, at least one activity from each of the six “bite” categories. **(Maximum: 30 points only)**

	Possible Points	Score First Year	Score Second Year
<i>Bite 1: Once You Swallow</i>			
<input type="checkbox"/> Mama mia pizza pockets (pages 8-9)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 9)	<u>10</u>	_____	_____
<input type="checkbox"/> Bone up on calcium (pages 10-11)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 11)	<u>10</u>	_____	_____
<input type="checkbox"/> Fruit kabobs (pages 12-13)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 13)	<u>10</u>	_____	_____
<input type="checkbox"/> Snackin' power (pages 14-15)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 15)	<u>10</u>	_____	_____
<i>Bite 2: Money Talks</i>			
<input type="checkbox"/> Tune into ads (pages 16-17)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 17)	<u>10</u>	_____	_____
<input type="checkbox"/> Sweet sugary search (pages 18-19)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 19)	<u>10</u>	_____	_____
<input type="checkbox"/> Juicy juice (pages 20-21)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 21)	<u>10</u>	_____	_____
<input type="checkbox"/> Making brownie cents (pages 22-23)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 23)	<u>10</u>	_____	_____
<i>Bite 3: Play It Safe</i>			
<input type="checkbox"/> Danger zone (pages 24-25)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 25)	<u>10</u>	_____	_____
<input type="checkbox"/> Fuzzies on my bread (pages 26-27)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 27)	<u>10</u>	_____	_____
<input type="checkbox"/> Glo germ (pages 28-29)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 29)	<u>10</u>	_____	_____
<i>Bite 4: Kitchen Magic</i>			
<input type="checkbox"/> Pancakes, anyone? (pages 32-33)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 33)	<u>10</u>	_____	_____
<input type="checkbox"/> Colossal cookies (pages 34-35)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 35)	<u>10</u>	_____	_____

___ Chip in muffins (pages 36-37)	<u>10</u>	_____	_____
___ Extra bite (page 37)	<u>10</u>	_____	_____
___ Micro stuffed potatoes (pages 38-39)	<u>10</u>	_____	_____
___ Extra bite (page 39)	<u>10</u>	_____	_____
Bite 5: Eat It Later			
___ Scream for ice cream (pages 40-41)	<u>10</u>	_____	_____
___ Extra bite (page 41)	<u>10</u>	_____	_____
___ You be the judge (pages 42-43)	<u>10</u>	_____	_____
___ Extra bite (page 43)	<u>10</u>	_____	_____
___ Saga of a soggy sandwich (pages 44-45)	<u>10</u>	_____	_____
___ Extra bite (page 45)	<u>10</u>	_____	_____
___ Frosty freezer fruit (pages 46-47)	<u>10</u>	_____	_____
___ Extra bite (page 47)	<u>10</u>	_____	_____
Bite 6: Imagine That!			
___ What's my line? (pages 48-49)	<u>10</u>	_____	_____
___ Extra bite (page 49)	<u>10</u>	_____	_____
___ The chain gang (pages 50-51)	<u>10</u>	_____	_____
___ Extra bite (page 51)	<u>10</u>	_____	_____
___ Thailand watermelon (pages 52-53)	<u>10</u>	_____	_____
___ Extra bite (page 53)	<u>10</u>	_____	_____
___ Mexican churritos (pages 54-55)	<u>10</u>	_____	_____
___ Extra bite (page 55)	<u>10</u>	_____	_____
My Own "Extra Bite" Activities			
___ _____	<u>10</u>	_____	_____
___ _____	<u>10</u>	_____	_____
Six Easy Bites Record Sheet Year 1 (page 57)	<u>20</u>	_____	_____
Six Easy Bites Record Sheet Year 2 (page 58)	<u>20</u>	_____	_____
Exhibit (Maximum: 30 points only)	<u>30</u>	_____	_____
Year 1:			
<ul style="list-style-type: none"> ▪ Six (6) drop, molded, or bar baked cookies and recipe card, or ▪ A package of six (6) frozen cookies. Display in freezer bag or freezer container. Include index card with instructions for defrosting. Label with name of product, quantity, and date frozen. 			
Year 2:			
<ul style="list-style-type: none"> ▪ Six (6) muffins of any kind (no muffin liners) and recipe card, or ▪ A (1) package of frozen berries. Display in freezer bag or freezer container. Include index card with instructions for cooking or defrosting. Label with name of product, quantity, and date frozen. 			
Activity Record	<u>20</u>	_____	_____
Total Score	<u>100</u>	_____	_____

Judges Comments: _____
