

### TASTY TIDBITS SCORE SHEET

Each year, complete a minimum of **three** (3) activities, each from a different “bite” category. If you do additional activities, please mark the **three** (3) activities you want to be graded. Record in your Tasty Tidbits notebook the what, when, where, and how you accomplished each selected “Extra Bite” activity. Include your notebook with your project book for grading. Within the two-year project period, you should complete at least **six** (6) activities, at least one activity from each of the six “bite” categories. (**Maximum: 30 points only**)

	Possible Points	Score First Year	Score Second Year
<i>Bite 1: Once You Swallow</i>			
<input type="checkbox"/> The gritty on grains (pages 8-9)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 9)	<u>10</u>	_____	_____
<input type="checkbox"/> Here come the veggies! (pages 10-11)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 11)	<u>10</u>	_____	_____
<input type="checkbox"/> Better wedges (pages 12-13)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 13)	<u>10</u>	_____	_____
<input type="checkbox"/> Fit it in! (pages 14-15)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 15)	<u>10</u>	_____	_____
 <i>Bite 2: Money Talks</i>			
<input type="checkbox"/> How much is it? (pages 16-17)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 17)	<u>10</u>	_____	_____
<input type="checkbox"/> What's in a name? (pages 18-19)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 19)	<u>10</u>	_____	_____
<input type="checkbox"/> Check 'em out! (pages 20-21)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 21)	<u>10</u>	_____	_____
<input type="checkbox"/> Make your own (pages 22-23)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 23)	<u>10</u>	_____	_____
 <i>Bite 3: Play It Safe</i>			
<input type="checkbox"/> Green fuzzy stuff (pages 24-25)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 25)	<u>10</u>	_____	_____
<input type="checkbox"/> Make your own yogurt (pages 26-27)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 27)	<u>10</u>	_____	_____
<input type="checkbox"/> Reheating leftovers (pages 28-29)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 29)	<u>10</u>	_____	_____
 <i>Bite 4: Kitchen Magic</i>			
<input type="checkbox"/> Baking better batters (pages 32-33)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 33)	<u>10</u>	_____	_____
<input type="checkbox"/> Twisting twisty pretzels (pages 34-35)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 35)	<u>10</u>	_____	_____
<input type="checkbox"/> Easy cheesy lasagna (pages 36-37)	<u>10</u>	_____	_____
<input type="checkbox"/> Extra bite (page 37)	<u>10</u>	_____	_____

___ Biscuits or cookies (pages 38-39)	<u>10</u>	_____	_____
___ Extra bite (page 39)	<u>10</u>	_____	_____
<b>Bite 5: Eat It Later</b>			
___ Frozen cookies (pages 40-41)	<u>10</u>	_____	_____
___ Extra bite (page 41)	<u>10</u>	_____	_____
___ Who needs blanching? (pages 42-43)	<u>10</u>	_____	_____
___ Extra bite (page 43)	<u>10</u>	_____	_____
___ Pizza freeze (pages 44-45)	<u>10</u>	_____	_____
___ Extra bite (page 45)	<u>10</u>	_____	_____
___ Going bananas! (pages 46-47)	<u>10</u>	_____	_____
___ Extra bite (page 47)	<u>10</u>	_____	_____
<b>Bite 6: Imagine That!</b>			
___ Colors and reactions (pages 48-49)	<u>10</u>	_____	_____
___ Extra bite (page 49)	<u>10</u>	_____	_____
___ Taste testing (pages 50-51)	<u>10</u>	_____	_____
___ Extra bite (page 51)	<u>10</u>	_____	_____
___ Italian pasta (pages 52-53)	<u>10</u>	_____	_____
___ Extra bite (page 53)	<u>10</u>	_____	_____
___ Swedish meatballs (pages 54-55)	<u>10</u>	_____	_____
___ Extra bite (page 55)	<u>10</u>	_____	_____
<b>My Own "Extra Bite" Activities</b>			
___ _____	<u>10</u>	_____	_____
___ _____	<u>10</u>	_____	_____
Tasty Tidbits Record Sheet Year 1 (page 57)	<u>20</u>	_____	_____
Tasty Tidbits Record Sheet Year 2 (page 58)	<u>20</u>	_____	_____
Exhibit ( <b>Maximum: 30 points only</b> )	<u>30</u>	_____	_____
<b>Year 1:</b>			
<ul style="list-style-type: none"> <li>▪ A square, oblong, or round layer of cake, without frosting and recipe card, or</li> <li>▪ One (1) uncooked frozen mini-pizza using pita bread, English muffin, bagel, or already prepared crust (no larger than 7" in diameter) with toppings of your choice. Meat toppings such as hamburger, sausage, bacon, etc. need to be cooked. Display on covered cardboard inside freezer bag. Include index card with instructions for cooking. Label with name or product and date frozen.</li> </ul>			
<b>Year 2:</b>			
<ul style="list-style-type: none"> <li>▪ Six (6) no-yeast, any shape pretzels (shaped, stick, or nugget) or six no-yeast rolled biscuits (no drop biscuits) and recipe card, or</li> <li>▪ One (1) package of any frozen vegetable or combination vegetables. Display in freezer bag or freezer container. Include index card with instructions for cooking. Label with product, quantity, and date frozen.</li> </ul>			
Activity Record	<u>20</u>	_____	_____
Total Score	<u>100</u>	_____	_____

Judges Comments: \_\_\_\_\_