

Breast Cancer

Partnership Action Group of the W.Va. Breast and Cervical Cancer Coalition
in conjunction with the WVU Mary Babb Randolph Cancer Center and
WVDHHR, Bureau for Public Health

Objectives

- to learn about breast cancer risk factors and symptoms,
- to understand how to find breast cancer early and to lower risks,
- to learn about programs that can help pay for breast cancer screening, and
- to complete a project that will help participants take control of their own health.

Suggested program activities

- To start, simply ask the questions that make up each section of the lesson, before you hand out the lesson. Compare the participants' answers with the answers in the lesson.
- Bring photographs of different women (real photos or from magazines) for the participants to look at—ask them “which of these women is more at risk for breast cancer?” Then use the information in the lesson to explain that all women are at risk for breast cancer.
- Use the supplemental education materials to give more information about the three things women can do to find breast cancer early.
- Have participants bring low-fat food or recipes to the meeting and talk about ways to make our diets more healthful.
- Make a list of those who will “take the challenge” described in this lesson and follow up with them to see how they are doing on their project.

“Take the Challenge” activity

- Encourage participants to take one or more of the challenges listed in the lesson.
- Establish a system (for example, a phone tree) to encourage completion of the challenge projects and to monitor progress.
- Make time at future meetings to have participants report on how they are doing with their challenge projects.

Supplemental resources available for this lesson

Supplemental education materials are available for this lesson. The Breast and Cervical Cancer Coalition compiled written materials on breast cancer screening, diagnosis, and treatment for you to use with this lesson. If you are doing any of the “Take the Challenge” activities, you will need specific packets of materials to complete the projects. Please see the **order form** for details.

A list of Breast and Cervical Cancer Screening Program **Cancer Information Specialists** is included. Contact the specialist in your region for more information, for assistance with projects, and for booking special speakers for your club.

Date mailed _____

Breast Cancer Lesson Order Form

To order any of the following materials, you may:

1. **Call** Elizabeth Austin at **(304) 293-2370**
2. **Mail** the order form to:

Breast Cancer Lesson
Cancer Education and Information
Mary Babb Randolph Cancer Center
PO Box 9350
Morgantown, WV 26506-9350

3. **Fax** the order form to Elizabeth Austin at **(304) 599-1552**

Item	Quantity Requested
Breast self-exam shower card	_____
Woman to Woman packet	_____
Special Friend packet	_____
Supplemental breast cancer education reading materials	_____

Please mail to:

Your name: _____

Address: _____

Telephone number: _____

County: _____

Please allow two to three weeks for delivery of your requested materials!

1997: 1M

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, sexual orientation or national origin. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Director, Cooperative Extension Service, West Virginia University.

Breast & Cervical Cancer Screening Program Cancer Information Specialists

West Virginia University
Extension Service

REGION 1

(McDowell/Mercer/Wyoming/Raleigh/Summers/Monroe)

Pam Morgan, RN, PHN
Mercer County Health Dept.
Rt 2 Box 382
Bluefield, WV 24701
Phone 327-0811
Fax 324-8843

REGION 2

(Mason/Cabell/Wayne/Lincoln/Logan/Mingo)

Brenda Thomas, MA
Marshall University School of Medicine
Dept. of OB/GYN
1801 6th Ave.
Huntington, WV 25703
Phone 696-7145
Fax 696-7277

REGION 3

(Putnam/Boone/Kanawha/Clay)

Cyndi Engle, RN
PO Box 707
Charleston, WV 25323
Phone 343-3414
Fax 343-0399

REGION 4

*(Pocahontas/Greenbrier/Webster/Nicholas/Braxton/
Fayette)*

Sharon Cope, MBA
Rainelle Medical Center
645 Kanawha Ave.
Rainelle, WV 25962
Phone 438-6188
Fax 438-7430

REGION 5

(Pleasants/Wood/Wirt/Jackson/Ritchie/Roane/Calhoun)

Linda Hall, RN
Mid-Ohio Valley Health Dept.
211 6th Street
Parkersburg, WV 26101
Phone 485-7374
Fax 485-2116

REGION 6

(Hancock/Brooke/Ohio/Marshall/Wetzel/Tyler)

Maureen Barte, MS
Wheeling-Ohio Co. Health Dept.
1500 Chapline St., Room 106
Wheeling, WV 26003
Phone 234-3720
Fax 234-6403

REGION 7

*(Monongalia/Marion/Preston/Taylor/Doddridge/
Harrison/Gilmer/Randolph/Lewis/Barbour/Tucker/
Upshur)*

Donna Riffle, RN
Kathy Osborn Helmick, RN
Randolph-Elkins Health Dept.
201 Henry Ave.
Elkins, WV 26241
Phone 636-1576
Fax 637-5902

REGION 8

*(Jefferson/Hampshire/Mineral/Berkeley/Pendleton/
Hardy/Grant/Morgan)*

Ruthie Watts, RN
Grant County Health Dept.
PO Box 608
(mailing Fed X) Hospital Drive
Petersburg, WV 26847
Phone 257-4922
Fax 257-2422

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, sexual orientation or national origin. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Director, Cooperative Extension Service, West Virginia University.