

P

rostate Cancer

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Cancer Education and Information

*WVU Mary Babb Randolph Cancer Center and The Cancer Information Service
A Program of the National Cancer Institute*

Objectives

- to learn about prostate cancer risk factors and symptoms,
- to understand how to find prostate cancer early and to lower risks,
- to learn how prostate cancer is diagnosed and what treatment options are available, and
- to understand how to access more information on prostate cancer through the National Cancer Institute's Cancer Information Service at 1-800-4-CANCER.

Suggested program activities

- To start, simply ask the questions that make up each section of the study topic before you hand out the lesson. Compare the participants' answers with the answers in the lesson.
- Gather additional information about prostate cancer from newspapers and magazines. Ask participants what they have seen on television news or talk shows. Discuss what participants have read or watched with the factual information provided in the lesson.
- Use the supplemental educational materials to give more information about the diagnosis and treatment of prostate cancer.
- Make a list of those who will call the Cancer Information Service at 1-800-4-CANCER to talk with an information specialist on prostate and other cancer-related topics.
- Make a list of those who will "take the challenge" described in this lesson and follow up with them to see how they are doing on their project.

"Take the Challenge" activity

- Encourage participants to take one or more of the following challenges.
 1. **Call the Cancer Information Service!**
Call the Cancer Information Service at 1-800-4-CANCER and talk with a cancer information specialist about prostate or other cancer-related topics. Fill out the evaluation form at the end of your call and hand it in at one of your meetings.
 2. **Be a Special Friend!**
To be a special friend is simple. Agree to talk with four or more men or women you know. For each person, get a packet of information on finding prostate cancer early. Give each person a packet of information. Encourage men who are age 40 or over to get a yearly exam. Ask women to talk with male family members who are age 40 or over to encourage them to get a yearly exam.
- Establish a system (for example, a phone tree) to encourage participants to complete the challenge projects and to monitor their progress.
- Make time at future meetings to have participants report on how they are doing with their challenge projects.

Supplemental resources

Supplemental educational materials are available for this lesson. The Cancer Information Service's Outreach Program has National Cancer Institute materials on prostate screening, diagnosis, and treatment for you to use with this study topic. Please see the **order form** for details.

NCI Online

Internet

Use NCI's main Web site (<http://www.nci.nih.gov>) and click on Information for Patients, Public, and the Mass Media.

CancerMail Service

To obtain a contents list, send e-mail to cancermail@icicc.nci.nih.gov with the word "help" in the body of the message.

CancerFax® fax on demand service

Dial 301-402-5874 and listen to recorded instructions.

Date mailed _____

Prostate Cancer Lesson Order Form

To order any of the following materials, you may:

1. **Call** Carol Mangone at (304) 293-0489
2. **Mail** the order form to:

Prostate Cancer Lesson
 Cancer Education and Information
 Mary Babb Randolph Cancer Center
 PO Box 9350, Morgantown, WV 26506-9350

3. **Fax** the order form to Carol Mangone at (304) 599-1552

Item	Quantity Requested
The Prostate Cancer Exam	_____
Men: If You're 40 or Older You Need a Prostate Cancer Exam	_____
What You Need to Know About Prostate Cancer	_____
1-800-4-CANCER Evaluation Form	_____
Supplemental Prostate Cancer Education Reading Materials	_____

Please mail to:

Your name: _____

Address: _____

Telephone number: _____

County: _____

Please allow two to three weeks for delivery of your requested materials.

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