

School of Physical Education  
Department

Date: \_\_\_\_\_

SCHOOL OF PHYSICAL EDUCATION  
WEST VIRGINIA UNIVERSITY  
DOCTOR OF EDUCATION PROGRAM APPROVAL

Student's Name:       XXXXXXXXXXXX

Major Area of Concentration:

Sport Psychology

Student Number:       XXXXXXXXXX

Other Area(s) of Study:

Community Counseling

Date Admitted:       XXXXXXXXXXXX

Doctoral Committee:

Name Typed

Signature

Dr. Andrew C. Ostrow, Chairperson

\_\_\_\_\_

Dr. Samuel J. Zizzi

\_\_\_\_\_

Dr. Ed Jacobs

\_\_\_\_\_

## Professional Goal Statement

(Deleted to Ensure Anonymity of Student)

The goal statement should include:

1. Your professional background and short-term and long-term professional goals.
2. The reasons you chose to enter the doctoral program at West Virginia University.
3. The rationale for your curriculum selection, particularly the cognate area.
4. Your research and applied interests.

## Curriculum

(for student entering program with baccalaureate degree)

### **Sport Psychology Disciplinary Core (27 credit hours)**

Sport Studies 620 - Individual Interaction in Sport and Physical Activity \*  
Sport Studies 640 - Psychology of Sport and Physical Activity \*  
Sport Studies 719 - Group Influences in Sport  
Sport Studies 720 - Psychological Sport Performance Enhancement \*  
Sport Studies 721 - Counseling College Student-Athletes  
Sport Studies 722 - Exercise and Health Psychology  
Sport Studies 723 - Psychological Aspects of Sport Injury \*  
Sport Studies 724 - Sport Psychometrics  
Sport Studies 725 - Ethical/Legal issues in Sport and Exercise Psychology

### **Sport Psychology Professional Practice Core (18 credit hours)**

Sport Studies 690 - Sport Psychology Teaching Practicum (6 credit hours)  
Sport Studies 686 - Sport Psychology Internship (8 credit hours) (2 credit hours \*)  
Sport Studies 691G - Sport Psychology Supervision (4 credit hours) (2 credit hours \*)

### **Statistics / Research Design Disciplinary Core (15 credit hours)**

Sport Studies 726 - Advanced Measurement \*  
Sport Studies 765 - Thesis Proposal Seminar \*  
Psychology 512 - Research Design & Data Analysis 2 (or Ed Psych 614)  
Psychology 615 - Multivariate Statistics (or Ed Psych 711)  
Educational Psychology 713 – Designing Single Case/Group Research

### **Sport Psychology Research Practice Core (18 credit hours)**

Sport Studies 697 - Independent Research (3 credit hours) \*  
Sport Studies 797 - Independent Research (6 credit hours)  
Sport Studies 698 - Thesis (3 credit hours) \*  
Sport Studies 798 - Dissertation (6 credit hours)

### **Cognate Disciplinary Core (9 credit hours)**

PSYC 281 - Abnormal Psychology  
EXPH 567 - Exercise Physiology II  
EDLS 651 - College Student Development

**Counseling Disciplinary Core (36 credit hours)**

**Block I**

Coun. 501 - Counseling Techniques \*  
Coun. 505 - Theory & Practice of Human Appraisal \*  
Coun. 620 - Lifespan Career Counseling \*

**Block II**

Coun. 606 - Counseling Theories  
Coun. 630 - Counseling Children  
Coun. 632 - Counseling Adolescents & Adults  
Coun. 634 - Cultural Issues in Counseling  
Coun. 640 - Addictions Counseling

**Block III**

Coun. 609 - Group Counseling Theory & Techniques  
Coun. 622 - Community Counseling  
Coun. 645 - Couples & Family Counseling (Coun. 501 & 606 are pre-requisites)  
Coun. 685 - Practicum

**Counseling Professional Practice Core (Internship) (12 credit hours)**

**Block IV**

Coun. 686 - Internship

\* - Indicates the requirements necessary to obtain a Master's degree in Sport Psychology  
(37 credit hours)

## **Method of Evaluation**

### **Sport Psychology**

1. Successful completion of master's and doctoral coursework with a grade of B or higher
2. Successfully defend master's thesis and submission of master's thesis for publication
3. Successfully complete doctoral comprehensive examination
4. Successfully defend dissertation and submission of dissertation for publication

### **Counseling**

1. Successful completion of coursework in Community Counseling with a grade of B or higher
2. Successfully complete all Community Counseling Program master's degree requirements

### **Research and Statistics**

1. Successful completion of coursework in research and statistics with a grade of B or higher
2. Successful completion of doctoral comprehensive examination in research and statistics

### **Residency**

1. Successfully complete two consecutive semesters of full-time enrollment

## Plan of Studies

(Note: some counseling courses may be out of sequence.)

<u>Fall 2002</u>	<u>Credit Hours</u>	<u>Grade</u>
SS 640      Psychology of Sport and Physical Activity *	3	x
COUN 505    Theory and Practice of Human Appraisal *	3	x
COUN 620    Lifespan Career Counseling *	3	x
EDP 713      Designing Single Case/Group Research	3	x
PET 695      Independent Study	1	x
SS 686      Sport Psychology Internship *	1	x
SS 691 G     Sport Psychology Supervision *	1	x
SS 791 E     Sport Psychology Seminar	<u>1</u>	x
	16 hrs	
 <u>Spring 2003</u>		
SS 720      Psychological Sport and Performance Enhancement *	3	
SS 726      Advanced Measurement *	3	
SS 765      Thesis Proposal Seminar *	3	
COUN 501    Counseling Techniques *	3	
SS 686      Sport Psychology Internship *	1	
SS 691 G     Sport Psychology Supervision *	1	
SS 791 E     Sport Psychology Seminar	<u>1</u>	
	15 hrs	
 <u>Summer 2003</u>		
SS 697      Independent Research *	<u>3</u>	
	3 hrs	
 <u>Fall 2003</u>		
SS 723      Psychological Aspects of Sport Injury *	3	
COUN 622    Community Counseling	3	
COUN 609    Group Counseling Theory and Technique	3	
SS 686      Sport Psychology Internship	2	
SS 691 G     Sport Psychology Supervision	1	
SS 791 E     Sport Psychology Seminar	<u>1</u>	
	13 hrs	

- **Defend Thesis Proposal**

<u>Spring 2004</u>		<u>Credit Hours</u>	<u>Grade</u>
SS 620	Individual Interaction in Sport and Physical Activity *	3	
<b>SS 698</b>	<b>Thesis *</b>	3	
COUN 606	Counseling Theories	3	
COUN 632	Counseling Adolescents and Adults	3	
SS 791 E	Sport Psychology Seminar	<u>1</u>	
		13 hrs	

- **Defend Thesis**

Summer 2004

SS 797	Independent Research	<u>3</u>	
		3 hrs	

Fall 2004

SS 721	Counseling College Student-Athletes	3	
SS 690	Sport Psychology Teaching Practicum	6	
SS 686	Sport Psychology Internship	2	
SS 691 G	Sport Psychology Supervision	1	
SS 791 E	Sport Psychology Seminar	<u>1</u>	
		13 hrs	

Spring 2005

SS 722	Exercise and Health Psychology	3	
SS 719	Group Influences in Sport	3	
COUN 640	Addictions Counseling	3	
PSYC 512	Research Design and Data Analysis II (or EDP 614)	3	
SS 686	Sport Psychology Internship	2	
SS 691 G	Sport Psychology Supervision	1	
SS 791 E	Sport Psychology Seminar	<u>1</u>	
		16 hrs	

Summer 2005

COUN 634	Cultural Issues in Counseling	3	
SS 797	Independent Research	<u>3</u>	
		6 hrs	

<u>Fall 2005</u>		<u>Credit Hours</u>	<u>Grade</u>
PSYC 615	Multivariate Statistics	3	
COUN 645	Couples and Family Counseling	3	
COUN 685	Counseling Practicum	3	
PSYC 281	Abnormal Psychology	3	
SS 791 E	Sport Psychology Seminar	<u>1</u>	
		16 hrs	

Spring 2006

SS 724	Sport Psychometrics	3	
SS 725	Ethical/Legal Issues in Sport and Exercise Psychology	3	
SS 765	Dissertation Proposal Seminar	3	
COUN 630	Counseling Children	3	
EDL 651	College Student Development	3	
SS 791 E	Sport Psychology Seminar	<u>1</u>	
		16 hrs	

- **Take Doctoral Comprehensive Exams**

Summer 2006

EXPHY 365	Exercise Physiology I	<u>3</u>	
		3 hrs	

Fall 2006

<b>COUN 686</b>	<b>Counseling Internship</b>	<u>9</u>	
		9 hrs	

- **Defend Dissertation Proposal**

Spring 2007

<b>SS 798</b>	<b>Dissertation</b>	6	
SS 791 E	Sport Psychology Seminar	<u>1</u>	
		7 hrs	

- **Defend Dissertation**